

WEEK 3 MENU

WEEK STARTING

28
APR

19
MAY

16
JUN

7
JUL

1
SEP

22
SEP

13
OCT

MONDAY

CHOOSE FROM
Macaroni cheese with
Somerset cheddar ✓

Beef chilli con carne with
a blend of brown and
white rice ✓

ON THE SIDE
Vegetables of the
day or salad

TO FINISH
Chocolate brownie

TUESDAY

CHOOSE FROM
Veggie cottage pie ✓

Chicken nuggets with
diced potatoes ✓

ON THE SIDE
Vegetables of the
day or salad

TO FINISH
Fruit, mousse or jelly

WEDNESDAY

CHOOSE FROM
Vegetable and bean
burrito ✓

Handmade BBQ pizza
topped with chicken

ON THE SIDE
Vegetables of the
day or salad

TO FINISH
Jammy shortbread
biscuit

THURSDAY

CHOOSE FROM
Quorn and leek crown ✓

Sliced pork and Yorkshire
pudding

ON THE SIDE
Roast potatoes, gravy
and vegetables of the day

TO FINISH
Fruit, mousse or jelly

FRIDAY

CHOOSE FROM
Somerset cheddar cheese
and potato frittata ✓

Baked Omega 3 fillet
fish fingers

ON THE SIDE
Chips, vegetables of the
day or salad

TO FINISH
Toffee apple sponge



Scan to
download
our picture menu
resources.



APRIL – OCTOBER 2025



Hampshire
County Council

Education Catering

YOUR SCHOOL MENU

NO NUT
INGREDIENTS

For information regarding our
nut policy visit the FAQ section
of our **special diet** web page.



We support British farming
and are committed to full
traceability in every meal
we serve. We are proud the
meat on our menu is farmed
to **Red Tractor standard**.



The meals we prepare
and serve **adhere to**
the Government's
School Food Standards.
It includes the
recommendations for
portion sizes and food
groups for all primary
aged pupils.

FOLLOW OUR CONVERSATION

@hantseducationcatering
 @hantsedcatering

FOOD TO
FLOURISH®

Our nutritious lunches,
on our three-week menu
cycle, help children
flourish by giving them
the right balance of
nutrients and energy.

AT
LEAST
75%
OF OUR
MEALS
ARE PREPARED FROM
SCRATCH

DID YOU
KNOW?



SAY YES TO SUCCESS

as part of the Government's
UIFSM programme.

Scan to find
out more.



SCHOOL LUNCH
FREE
FOR EVERY
CHILD
Applies to EYFS & KS1 pupils only



Fish on our menu is
FROM WELL-MANAGED AND
SUSTAINABLE SOURCES

WEEK 1 MENU

WEEK STARTING

5
MAY

2
JUN

23
JUN

14
JUL


8
SEP

29
SEP

20
OCT

MONDAY

CHOOSE FROM
Veggie bolognaise
pasta 

Chicken Katsu curry with
a blend of brown and
white rice 

ON THE SIDE
Vegetables of the
day or salad

TO FINISH
Freshly baked shortbread

TUESDAY

CHOOSE FROM
Vegetarian sausage roll
with crinkle cut wedges 


Ham carbonara with pasta

ON THE SIDE
Vegetables of the
day or salad

TO FINISH
Fruit, mousse or jelly

WEDNESDAY


CHOOSE FROM
Handmade margherita
pizza 

Sticky honey glazed
chicken with a blend of
brown and white rice 

ON THE SIDE
Vegetables of the
day or salad

TO FINISH
Rice crispy cake

THURSDAY


CHOOSE FROM
Plant-based sausage and
Yorkshire pudding 

Sliced beef and Yorkshire
pudding

ON THE SIDE
Roast potatoes, gravy and
vegetables of the day

TO FINISH
Fruit, mousse or jelly

FRIDAY


CHOOSE FROM
Somerset cheddar cheese
and onion quiche 





Baked Omega 3 fillet
fish fingers

ON THE SIDE
Chips, vegetables of the
day or salad

TO FINISH
Ginger sponge



Not only are several of
our dishes **completely**
fuelled by **PLANT POWER**
but several more have
 **additional hidden veggies**
to benefit pupils, protect the
environment and provide
added nutrients.

-  Vegetarian
-  Vegan
-  Includes Plant Power
-  Additional hidden vegetables

All menu items are subject to
change, based upon availability
and in the event of unforeseen
circumstances.

WEEK 2 MENU

WEEK STARTING

21
APR

12
MAY

9
JUN

30
JUN

21
JUL

15
SEP

6
OCT

MONDAY

CHOOSE FROM
Plant-based sausage
hotdog and diced
potatoes 

Chicken curry with a blend
of brown and white rice

ON THE SIDE
Vegetables of the
day or salad

TO FINISH
Chocolate pudding

TUESDAY

CHOOSE FROM
Roasted vegetable
lasagne 

Pork sausages and mashed
potatoes with gravy

ON THE SIDE
Vegetables of the
day or salad

TO FINISH
Fruit, mousse or jelly

WEDNESDAY

CHOOSE FROM
Handmade margherita
pizza 

Bubble salmon and crinkle
cut wedges

ON THE SIDE
Vegetables of the
day or salad

TO FINISH
Honey biscuit

THURSDAY


CHOOSE FROM
Quorn pieces in a
Yorkshire pudding 

Sliced chicken and
Yorkshire pudding

ON THE SIDE
Roast potatoes, gravy
and vegetables of the day

TO FINISH
Fruit, mousse or jelly

FRIDAY

CHOOSE FROM
Sweet potato and lentil
curry with a blend of
brown and white rice 

Baked Omega 3 fillet fish
fingers and chips

ON THE SIDE
Vegetables of the day
or salad

TO FINISH
Lemon drizzle sponge

FARM TO FORK

Find out more
about our ethical
suppliers on our
website:

